

# FLEXIBLE DINING MENU

## BREAKFAST

### CONTINENTAL BREAKFAST

Your selection of a breakfast sandwich, blueberry muffin, Greek yogurt, and assorted cold cereals and oatmeal

### RAILROAD FRENCH TOAST

Thick-cut Texas toast served with Applewood smoked bacon

### THREE EGG OMELET <sup>GF</sup>

With Swiss, cheddar and mozzarella cheeses. Served with red bliss breakfast potatoes and chicken sausage

## LUNCH/DINNER

*Dinner Entrées are served with a complimentary alcoholic beverage.*

### SLOW BRAISED BEEF SHORT RIBS <sup>GF</sup>

Tender beef short ribs served with a Cabernet reduction sauce, baby green beans, Parisienne carrots and chive mashed potatoes

### ENCHILADAS ♥♦

Plant-based protein, black beans, corn and cheese wrapped in corn tortillas with an ancho chili sauce, served with yellow rice "Amtrak's Vegan and Healthy Option"

### CHICKEN ALA ROSA

With fettucine, broccoli, sundried cherry tomatoes, and Pecorino Romano cheese in a tomato vodka cream sauce

### SESAME GLAZED SALMON

With stir-fried vegetables and jasmine rice

### PASTA & MEATBALLS

Penne pasta with tomato sauce, meatballs, and Parmesan and mozzarella cheeses

## DESSERT

Ask your server about our seasonal dessert selections.

♦ – Vegetarian ♥ – Amtrak's Healthy Option

<sup>GF</sup> – Gluten Free. This meal is prepared in a common kitchen and cross contamination with gluten could occur.



Scan to enter the Amtrak Food and Beverage website for access to Food Facts, menus, and more.

Visit: <http://www.amtrakfoodfacts.com>

## BEVERAGES

Complimentary beverages are available during meal periods.

Coffee – Regular & Decaf

Hot Tea

Milk

Orange Juice

Iced Tea

Bottled Spring Water

Sparkling Water

Coke, Diet Coke, Sprite

Ginger Ale

## BAR SELECTION

### BEER

Bud Light, Corona \_\_\_\_\_

Stella Artois, Heineken, Stone IPA \_\_\_\_\_

### WINE

Barefoot – Cabernet Sauvignon

Barefoot – Chardonnay

### SPIRITS

Tanqueray Gin, Tito's Handmade Vodka, Bacardi Rum, Maker's Mark Bourbon Whisky

Prices are in U.S. currency and include all taxes. Amtrak accepts major payment cards.



Retain your receipt for all returns, refunds and exchanges.

Egg substitute, sugar free jelly, sugar free breakfast syrup available upon request.

Please be advised that food prepared on Amtrak trains may come in contact with milk, eggs, wheat, soy, shellfish, peanuts and/or fish.

\* FDA Consumer Advisory: Consuming raw or under cooked seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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